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Cooking Instructions for Selma Unified
You have been given a meal with an uncooked item. Due to the high number of items being prepared with a limited staff and a shortage of equipment, we are unable to cook the item in the sack lunch. Please, do not eat the food item uncooked. Please, follow the directions below for the item you received. Breakfast Items do not need to be cooked.

Please Refrigerate. Food is not Shelf Stable. Food is meant to be eaten within 48 hours of pickup. Please discard of anything after that time frame.

*It is recommended that all foods be heated to at least* 165 degrees

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Bean and Cheese Burrito

Preparation Instructions:

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<tr>
<th>Preparation Type</th>
<th>Heating Instructions</th>
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<tr>
<td>Preparation Notes</td>
<td>For best results, open one end or remove from wrapper and heat according to times given below. Oven times are based on one product on a sheet tray. Microwave times are based on one item at 1000 watts. Adjust times accordingly depending on number of items being reheated.</td>
</tr>
<tr>
<td>Microwave Instructions</td>
<td>Frozen (0°F) 1:45-2:00 min / Thawed (40°F) 1:00-1:30 or until hot</td>
</tr>
<tr>
<td>Conventional Oven Instructions</td>
<td>350°F: Frozen (0°F) 20-22 min / Thawed (40°F) 15-17 min or until hot</td>
</tr>
<tr>
<td>Convection Oven Instructions</td>
<td>350°F: Frozen (0°F) 15-17 min / Thawed (40°F) 10-12 min or until hot</td>
</tr>
</tbody>
</table>
Galaxy Cheese Pizza

**PREP INSTRUCTIONS:**

COOKING GUIDELINES. COOK BEFORE EATING. Preheat oven. Product must be cooked from frozen state for best results. CONVECTION OVEN: 350°F for 15-17 minutes. Rotate pans one half turn half way through cooking to prevent cheese from burning. NOTE: FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. Due to variances in oven regulators, and number of pizzas in an oven cooking time and temperature may require adjustments. Refrigerate or discard any unused portion.

<table>
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<tr>
<th>Cooking Method</th>
<th>Temp</th>
<th>Time</th>
<th>Instructions</th>
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<tr>
<td>Convection Oven</td>
<td>350 °F</td>
<td>15-17 MINUTES</td>
<td>Cook before serving</td>
</tr>
<tr>
<td>Conventional Oven</td>
<td>400 °F</td>
<td>21-24 MINUTES</td>
<td>Cook before serving</td>
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</tbody>
</table>
Corn Dog

Preparation and Cooking

RE HEATING INSTRUCTIONS
DEEP FRYER 350°F - FROZEN: NOT RECOMMENDED; THAWED: 4-5 MINUTES - QUANTITY - 3
MICROWAVE HIGH (1100 WATTS) – FROZEN: 30 SECONDS, TURN THEN 30 MORE SECONDS; THAWED:
20 SECONDS, TURN THEN 20 MORE SECONDS - QUANTITY - 2
CONVENTIONAL OVEN 350°F - FROZEN: 34-36 MINUTES; THAWED 24-26 MINUTES. QUANTITY - FULL SHEET PAN
CONVECTION OVEN 350°F - FROZEN: 24-27 MINUTES; THAWED 14-17 MINUTES. QUANTITY - FULL SHEET PAN
INTERNAL TEMPERATURE OF PRODUCT SHOULD REACH 160°F. CAUTION: PRODUCT WILL BE HOT.
TIMES AND TEMPERATURES MAY VARY BASED ON ACTUAL EQUIPMENT AND QUANTITY OF PRODUCT PREPARED. ADJUST ACCORDINGLY.
Grilled Cheese

Handling and Cooking Instructions:
Shelf Life: Frozen 18 months, once thawed 5 days (refrigerated).

Safe Handling and Heating Instructions: Although this product is Ready-to-Eat, for a better experience, it is recommended that it be heated following the instructions below.

Do not remove wrap on wrapped product before heating.

Product can be heated from frozen state; however, it is recommended that it is heated from thawed state. Because of variations in oven equipment, ensure that an internal temperature of at least 160°F is achieved. It is recommended that a calibrated food grade thermometer be used.

<table>
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<tr>
<th>Cooking Method</th>
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<th>Time</th>
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<tr>
<td>Conventional Oven (Frozen)</td>
<td>325 F</td>
<td>18 Minutes</td>
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<tr>
<td>Conventional Oven (Thawed)</td>
<td>350 F</td>
<td>12 Minutes</td>
</tr>
<tr>
<td>Convection Oven (Frozen)</td>
<td>350 F</td>
<td>18 Minutes</td>
</tr>
<tr>
<td>Convection Oven (Thawed)</td>
<td>350 F</td>
<td>12 Minutes</td>
</tr>
</tbody>
</table>
Chicken Nuggets

Cooking Instructions
PREPARATION: Appliances vary, adjust accordingly.
Conventional Oven
8-10 minutes at 400°F from frozen.
Convection Oven
6-8 minutes at 375°F from frozen.
Bosco Cheese Stick

Cooking Instructions
Thawing Instructions
1. Thaw before baking.
2. Keep Bosco Sticks covered while thawing
3. Bosco Sticks may be thawed in packaging.
4. Bosco Stick have 8 days shelf life when refrigerated.
Convection Oven
1. Preheat oven to 400 F.
2. Place Bosco Sticks on a baking sheet.
3. THAWED: 7-9 minutes.
4. Let stand 2 minutes before serving.
CAUTION: FILLING MAY BE HOT!

Oven temperatures may vary. Adjust baking time and/or temperature as necessary.
Top Bosco Stick breadsticks with butter and parmesan cheese (not included) after baking.
Beef Taco Stick

Handling and Cooking Instructions:
Shelf Life: Frozen – 18 months, once thawed – 3 days (refrigerated).
Safe Handling and Heating Instructions: Thawing is required before heating: Do not remove wrap on wrapped product before cooking.

Thawing Instructions: If product is kept in original case allow 48 hours to thaw at <41°F before cooking. On bun pans, allow 24 hours to thaw at <41°F before cooking. Once fully thawed product should be cooked and served within 24 hours.

Cooking Instructions: Place product on a bun pan and cook following instructions below. Because of variations in oven equipment, ensure that an internal temperature of at least 160°F is achieved. It is recommended that a calibrated food grade thermometer be used. Allow to cool 5 minutes

Conventional Oven (Frozen): n/a
Conventional Oven (Thawed): 325 F 18 Minutes
Convection Oven (Frozen): n/a
Convection Oven (Thawed): 300 F 18 Minutes
10

Chicken Tenders

Cooking Instructions
Appliances vary, adjust accordingly.
Convection Oven
7 - 10 minutes at 375°F.
Conventional Oven
16 - 19 minutes at 375°F.
Pepperoni Pizza Bosco Stick

**Cooking Instructions**

**Thawing Instructions**
1. Thaw before cooking.
2. Keep Pizza Sticks covered while thawing.
3. Pizza Sticks may be thawed in packaging.
4. Pepperoni Sticks have 7 days shelf life when refrigerated.

**Convection Oven**
1. Preheat oven to 400 F.
2. Place Pepperoni Sticks on a baking sheet.
3. THAWED: 8-10 minutes.
4. Let stand 2 minutes before serving.

**CAUTION:** FILLING MAY BE HOT!

Oven temperatures may vary. Adjust cooking time and/or temperature as necessary.
Top Pizza Sticks with butter and parmesan cheese (not included) after cooking.
This product must be cooked thoroughly to an internal temperature of at least 165 F before serving.